

Lee Valley Inter- Counties Match

Saturday 13 March 2010

Senior Mens

60 Meters A String			
	Name	County	Time
1st	Joshua Swaray	Middlesex	6.75
2nd	Emmanuel Stephens	Essex	7.00
3rd	Cameron Webb	Herts	7.31
60 Meters B String			
1st	Jake King	Essex	7.00
2nd	Confidence Lawson	Middlesex	7.10
3rd	Luke Daniel	Herts	7.61

60 Meters Hurdles A String			
	Name	County	Time
1st	James Mclean	Essex	8.86
2nd			
3rd			
60 Meters Hurdles B String			
1st	Huy Vu	Essex	DNF
2nd			
3rd			

200 Meters A String			
	Name	County	Time
1st	Jake King	Essex	22.31
2nd	Andrew Kendall	Middlesex	22.61
3rd	Cameron Webb	Herts	23.03
200 Meters B String			
1st	Aaron Balogun	Essex	22.61
2nd	James Folley	Middlesex	24.39

400 Meters A String			
	Name	County	Time
1st	Matt Hamilton	Herts	49.09
2nd	Bomene Barikor	Middlesex	49.12
3rd	Paul Scanlon	Essex	50.66
400 Meters B String			
1st	Alley Wilson	Middlesex	49.72
2nd	Lewis Keeble	Herts	50.03
3rd	Ben Phillips	Essex	52.74

800 Meters A String			
	Name	County	Time
1st	James Foley	Middlesex	1.58.2
2nd	Kelvin Goodwin	Essex	1.58.98
3rd	Khalid Al-Abaidy	Herts	2.01.7
800 Meters B String			
1st	David Smale	Essex	1.59.46
2nd	Stewart Davis	Middlesex	2.02.52
3rd	Tom Fallon	Herts	2.04.88

Under 17's Boys

60 Meters A String			
	Name	County	Time
1st	Chuindu Ujah	Middlesex	7.13
2nd	Jake Awe	Herts	7.27
3rd	Ryan O'Sullivan	Essex	7.32
60 Meters B String			
1st	Nathaniel Barling	Middlesex	7.27
2nd	Samuel Mcdowall	Essex	7.62
3rd	Liam Vooght	Herts	7.65
Guest	Jon Otugade	Herts	7.37

60 Meters Hurdles A String			
	Name	County	Time
1st	Ben Clarke	Essex	8.53
2nd	Christian Gaddes	Herts	8.65
3rd	John Hennessy	Middlesex	19.3
60 Meters Hurdles B String			
1st	Joshua Olowore	Essex	8.54
2nd	Daniel Gardner	Herts	8.76
	Luke Yaxley (Guest)	Herts	9.53

200 Meters A String			
	Name	County	Time
1st	Nathaniel Barling	Middlesex	23.44
2nd	Jake Awe	Herts	23.46
3rd	Hasit Bedford	Essex	24.08
200 Meters B String			
1st	Clifford Newby	Middlesex	23.46
2nd	Michael Edwards	Herts	24.01
3rd	Tom Watts	Essex	25.07

400 Meters A String			
	Name	County	Time
1st	Simon Wake	Herts	51.95
2nd	Michael Porter	Essex	52.97
3rd	Joe Silva	Middlesex	54.53
400 Meters B String			
1st	Richard Sackey	Herts	51.48
2nd	Tyler Brown	Essex	53.54
3rd	Luke Pierre -Inkson	Middlesex	57.24

800 Meters A String			
	Name	County	Time
1st	Ben Waterman	Middlesex	2.01.47
2nd	Darryl Worbey	Essex	2.03.68
3rd	Janakan Rajkumar	Herts	2.13.07
800 Meters B String			
1st	Carl Palin	Herts	2.01.52
2nd	Tommy Drury	Middlesex	2.03.68
3rd	Yasir Sheikh	Essex	2.05.42

4x200 Meters A String			
	Name	County	Time
1st	Middlesex	Middlesex	1.31.49
2nd	Essex	Essex	1.31.55
3rd	Herts	Herts	1.34.12

4x200 Meters A String			
	Name	County	Time
1st	Hertfordshire	Herts	1.36.18
2nd	Essex	Essex	1.38.23
3rd	Middlesex	Middlesex	DNF

Long Jump A String			
	Name	County	Distance
1st	Daniel Bramble	Middlesex	6.89
2nd	Mitchell Jarvis	Essex	6.68
3rd	Connor Winters	Herts	6.19
Long Jump B String			
1st	Simeon Stuart	Essex	6.39
2nd	Maxine Pellet	Middlesex	6.20
3rd	Elior Harris	Herts	5.86

Long Jump A String			
	Name	County	Distance
1st	Ben Clark	Essex	6.26
2nd	Daniel Gardner	Herts	6.08
3rd	Efe Uwaifo	Middlesex	5.58
Long Jump B String			
1st	Josh Olawore	Essex	6.14
2nd	Bradley Pike	Herts	5.89
3rd	Dean Oamen	Middlesex	5.37

High Jump A String			
	Name	County	Height
1st	Dan George	Essex	1.95
2nd	Laurie Pie	Herts	1.90
3rd	Maxime Pellet	Middlesex	1.70
High Jump B String			
1st	Elior Harris	Herts	1.85
2nd	Michael Bartlett	Essex	1.80

High Jump A String			
	Name	County	Height
1st	Lawrence Levey	Herts	1.80
2nd	Ben Clark	Essex	1.80
3rd	Darius Price	Middlesex	1.70
High Jump B String			
1st	Sam Milner	Herts	1.70
2nd	Aidan Ishack	Middlesex	1.65
3rd	Josh Olawore	Essex	1.65

Pole Vault A String			
	Name	County	Height
1st	Aaran Kaye	Essex	4.60
2nd	Connor Winters	Herts	4.10
3rd			
Pole Vault B String			
1st	Kevin Hughes	Essex	4.20
2nd			
3rd			

Pole Vault A String			
	Name	County	Height
1st	Daniel Gardner	Herts	4.40
2nd	Robert Wood	Essex	3.80
3rd	Paul Ojomo	Middlesex	3.40
Pole Vault B String			
1st	Mitchell Etheridge	Essex	3.55
2nd	Anthony Knowles	Middlesex	3.20

Shot Putt A String			
	Name	County	Distance
1st	Christopher Linque	Essex	13.97
2nd	Ashley Ralph	Herts	12.30
3rd			
Shot Putt B String			
1st	Emmanuel Quarshie	Essex	12.40
2nd	Tim Saunders-Mullins	Herts	8.02

Shot Putt A String			
	Name	County	Distance
1st	Lawrence Levy	Herts	10.97
2nd	Aidan Ishack	Middlesex	10.51
3rd	James Palmer	Essex	10.38
Shot Putt B String			
1st	Chris Line	Herts	10.61
2nd	Tom Watts	Essex	9.93